


Ki Martial Arts

WESCHESTER KRAV MAGA

125a Marbledale Rd, Tuckahoe, NY 10707 914-961-1111

www.KIMartialArtsUSA.com

Schedule: December, 2011- June, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-10:00 AM Kickboxing Ladies Only		9:00-10:00AM Kickboxing Ladies Only		9:00-10:00AM Kickboxing Ladies Only	9:00-10:00 Krav Maga All Levels
			12:30 – 1:00pm Pre-K Karate (3 – 5 Yrs)		10:00-10:30 Wake UpClass Adaptive Class
3:40-4:10 Tiny Tiger Basic (4-6 yrs)	3:30-4:00 Tiger Club (3yrs olds)	3:40-4:10 Tiny Tigers BBC (4-6 Yrs)	3:40-4:10 Tiny Tiger Basic (4-6 Yrs)		10:30-11:20 Kickboxing KI Conditioning
4:20-4:50 Tiny Tiger BBC	4:10-4:55 Jr. BBC (6-12 Yrs)	4:20-4:55 Jr. Basic (6-12 Yrs)	4:20-5:05 Jr. BBC (6-12 Yrs)		11:30-12:00 Tiny Tiger Basic & BBC (4-6 Yrs)
5:00-5:45 Jr. Basic & Jr. BBC	5:00-5:30 Tiny Tigers Basic (4-6 Yrs)	5:10-5:40 Tiny Tiger Basic (4-6 Yrs)	5:10-5:40 Tiny Tiger BBC (4-6 Yrs)		12:10-12:55 Jr. Basic & Jr. BBC (6-12 Yrs)
6:30-7:20 Individual Training BB PREP	5:40-6:15 Jr. Basic (6-12 Yrs)	5:50-6:35 Jr. BBC (6-12 Yrs)			
7:30-8:20 Jr. & Adult BBC KATA	6:30-7:20 Kickboxing KI Conditioning	6:40-7:25 Individual Training BB Prep	6:30-7:20 Kickboxing		
8:30-9:30 Krav Maga BASIC	7:30-8:20 Family Karate Class	7:30-8:20 Jr. & Adult Kumite Class	7:30-8:20 Family Karate Class		Karate Birthday Parties 
	8:30-9:30 Krav Maga Yellow & up	8:30-9:30 Krav Maga Basic	8:30-9:30 Krav Maga Yellow & up		

Birthday Parties Now
Available on Sundays